



dentist
ON PAXTON

**tooth
whitening**

a smile is a curve that sets everything straight

how long will it last?

After the initial treatment period just simply touch up your teeth a few times per year for one or two days or nights.

Without a touch up, your teeth will start to stain again by the same things that caused them to discolour in the first place.

is it safe?

Yes.

Clinical studies have shown that bleaching with carbamide or hydrogen peroxide under the supervision of a dental professional is safe for teeth and gums. Pregnant & breastfeeding women please consult your dentist.



tooth whitening

What is tooth whitening?

For stained or discoloured teeth, bleaching can lighten teeth.

Tooth whitening is a process known as oxidation. Any discolorations within the tooth will be lightened. Organic materials break down to remove staining and create a whiter brighter smile.

What causes my teeth to discolour?

There are many causes of tooth discolouration.

Some of the most common include the consumption of highly coloured foods (berries) and drinks (coffee, tea, red wine). Antibiotics at a young age, ageing, smoking and trauma can also result in discolorations.





what is the procedure?

Your dentist will take an impression of your teeth so that a custom made mouth tray can be made.

This holds the bleaching gel close to your teeth. Wearing the tray for approximately one hour each day will gradually lighten the teeth. Most trays are light enough to permit talking and working with them in place. Good results usually occur in about four weeks. The daily bleaching process can be continued until you are happy with the appearance of your teeth.

advantages

- Bleaching is ideal for undamaged teeth that only need lightening in colour
- Once the custom – made tray has been fitted, you are able to do the bleaching at home, and the tray can be reused later
- The upper and lower teeth can be bleached
- Approved tooth – bleaching products are safe to use

disadvantages

- Some blemishes will not improve. Bleaching works best for teeth that are stained yellow, brown or orange. Teeth with grey stains may lighten a little, but results will not be as good
- If your teeth are very sensitive (a desensitizing agent may be recommended).
- If you have gum disease or worn teeth, bleaching may not be suitable
- Some white fillings may need to be replaced after the bleaching as the bleaching will remove existing stains on the restorations but will not affect the original shade.

our team

Dr Jim Lazaredes **(BDSC) 1963**

Dr Graham Tegg **(BDSC) 1981**

Dr Sam Patel **(BDS) 1988**

Dr Jiten Rao **(BDS) 1990**

Mrs Michele Britton **Hygienist**

Ms Victoria Clark **Hygienist**



Opening hours

Monday to Thursday 8am to 5pm
Friday 8am to 4pm
Closed for lunch 12.30pm to 1.30pm

Contact Details

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Location

28 Paxton Street
North Ward Q 4810

Urgent Treatment

Phone 4772 4944

During working hours you will be assessed and a suitable appointment time will be arranged.

On Weekends & Public Holidays you will be directed to the ADA dental emergency service.

