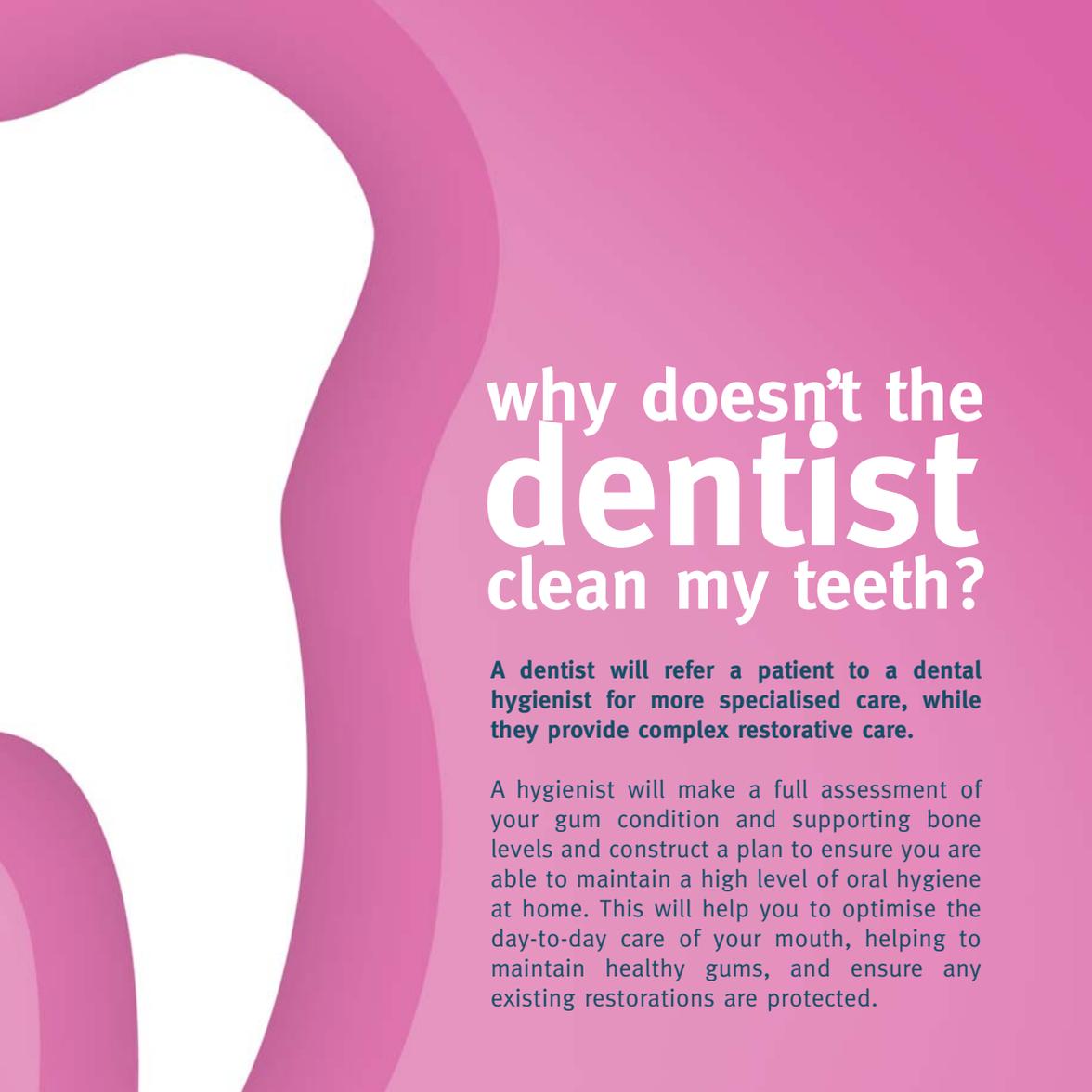




**dental
hygiene**

a smile is a curve that sets everything straight



why doesn't the dentist clean my teeth?

A dentist will refer a patient to a dental hygienist for more specialised care, while they provide complex restorative care.

A hygienist will make a full assessment of your gum condition and supporting bone levels and construct a plan to ensure you are able to maintain a high level of oral hygiene at home. This will help you to optimise the day-to-day care of your mouth, helping to maintain healthy gums, and ensure any existing restorations are protected.

what is a hygienist?

Dental Hygienists are specially trained members of the dental team who work together with your dentist to provide fully integrated dental care.

Hygienists specialise in the prevention and treatment of gum disease. Visits to our hygienists minimise the need for dental treatment.

Your teeth will be professionally cleaned, removing plaque, calculus (tartar) and staining – leaving your mouth feeling healthy and fresh.

Both adults & children can benefit from a visit to our dental hygienist – teaching patients about dental disease, how it occurs & how it can be prevented.

There are benefits to your general health too. Research shows that untreated, or undiagnosed, gum disease leads to an increased risk of heart disease, strokes and can increase your risk of developing type 2 diabetes.

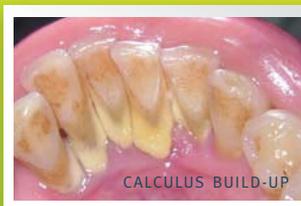


'prevention' is better than cure!'

Simply put, prevention is the best periodontal disease treatment. To catch dental problems before they become severe, it's good to get into the habit of checking your mouth daily as part of your overall dental health care routine. Look for changes in the colour or appearance of your teeth, gums, tongue, and gingival tissues.

Many people with mild gum disease don't show any symptoms, but if you notice anything different about your mouth or teeth, be sure to tell your dentist. Possible signs of periodontal disease include chronic bad breath, tender or painful swollen gums and bleeding after brushing or flossing. In many cases, however, gingivitis can go unnoticed.

If you do have periodontal disease, the treatment will vary depending on the severity of the infection.



‘periodontal disease... please explain?’

Periodontal disease is the inflammation & infection of the gums. It is caused by plaque, a thick & sticky film of bacteria that builds up on the teeth.

If not properly removed every day, plaque can harden to become calculus (tartar) which in turn inflames the gums & results in **Gingivitis** - the first stage of periodontal disease.

If gingivitis isn't treated it can cause serious damage to the teeth, gums & the bone that supports the teeth. This irreversible stage of gum disease is called **Periodontitis**. This can lead to the loss of teeth!

our team

Dr Jim Lazaredes (BDSC) 1963

Dr Graham Tegg (BDSC) 1981

Dr Sam Patel (BDS) 1988

Dr Jiten Rao (BDS) 1990

Mrs Michele Britton Hygienist

Ms Victoria Clark Hygienist



now what?...

Be sure to follow your Dental Hygienist's instructions for regular oral care at home in order to get the most benefit out of your hygiene treatment. That means **twice-daily tooth brushing and daily flossing** plus regular visits to the Hygienist for follow-up and professional cleaning. If you have problems with your at home oral care routine, ask your dental hygienist to recommend products that can make your routine easier.



Opening hours

Monday to Thursday 8am to 5pm
Friday 8am to 4pm
Closed for lunch 12.30pm to 1.30pm

Contact Details

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Email info@dentistonpaxton.com
web dentistonpaxton.com

Location

28 Paxton Street
North Ward Q 4810

Urgent Treatment

Phone 4772 4944
During working hours you will be assessed and a suitable appointment time will be arranged.

On Weekends & Public Holidays you will be directed to the ADA dental emergency service.

